

CalFresh Gives You Money for Groceries

Join millions of Californians getting money for food each month.



You may be eligible for CalFresh if you meet these core requirements:

CITIZENSHIP

You are a U.S. citizen or lawful permanent resident:

- It is common for an undocumented parent to apply for children who have citizenship or eligible immigrant status.
- People on a student, work, or tourist visa; in DACA; with Temporary Protected Status; who are undocumented; or who are here with an employment authorization card are unlikely to be eligible.
- Other types of citizenship can make you eligible. Check with a County Eligibility Worker for details.

Eligibility requirements continued on back.

Get help with your CalFresh application today.



Did you know?

There are 2 million Californians who are eligible for CalFresh but haven't signed up yet.

Core requirements (continued):

INCOME

You fall within the income threshold for your household size:



Household: Your "household" is the number of people you buy and share food with.



Example: If you live with two roommates, but you buy food and cook for only yourself, your household size is one. If you split the cost of groceries and share meals together, your household size is three.



Certain expenses, like childcare, can be deducted to adjust your income. An expert at your campus resource center or local social services department can guide you.

Rules can vary by county, so be sure to check with your local health or social services department.





Learn more about CalFresh at CalFreshFood.org



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